

**Plant Name: Cymbopogon flexuosus lemon grass**  
**Common Name: Lemongrass, Ginger Grass**

**Plant Type:** Herb  
**Colour:** Green  
**Height:** 1.2-1.8m  
**Spread:** 60-90cm

**Flowering Time:** Flowers from Jun to Sep

**Fragrant:** Yes



**Species Data (applies to all plants in this Plant Species)**

Species - flexuosus

**Plant Data (applies to THIS plant only)**

Family: Poaceae (poh-AY-see-ee )  
Genus: Cymbopogon (sim-buh-POH-gon)  
Species: flexuosus (fleks-yoo-OH-sus)

Botanical Name : Cymbopogon Citratus  
Common Name : Lemongrass, Ginger Grass  
Part Used : Lemongrass Leaves, Lemongrass Oil.  
Habitat : Cultivated in north india.  
Product offered : Leaves, Oil

Uses : As a medicinal plant, lemongrass has been considered a carminative and insect repellent. Lemongrass is used in herbal teas and other nonalcoholic beverages in baked goods, and in confections. Oil from lemongrass is widely used as a fragrance in perfumes and cosmetics, such as soaps and creams. Citral, extracted from the oil, is used in flavoring soft drinks in scenting soaps and detergents, as a fragrance in perfumes and cosmetics, and as a mask for disagreeable odors in several industrial products. Citral is also used in the synthesis of ionones used in perfumes and cosmetics.

Source of lemongrass oil used to flavor teas, ice cream, candy, pastries, desserts and chewing gum. Also used in cosmetics and perfumes. Quick growing clumps. Can be used instead of the classic lemongrass (Thai) in culinary dishes. The oil is used in perfume, makeup, soap, hair products, cleaner, antifungal agents, incense, and potpourri. Lemongrass oil revitalizes the body and relieves the symptoms of jetlag, clears headaches and helps to combat nervous exhaustion and stress-related conditions

Cymbopogon flexuosus is a perennial grass native to India, Sri Lanka, Burma, and Thailand. It is placed in the genus Cymbopogon (lemon grasses).

Lemongrass essential oil is produced by steam distillation of the freshly cut leaves, or can be extracted using alcohol. It is believed to help with stress-related disorders, and has been shown to have

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antifungal and antimicrobial properties.

Flower Colour: green  
Form: perennial  
Soil: well-drained soil  
Soil pH requirements:  
6.1 to 6.5 (mildly acidic)  
6.6 to 7.5 (neutral)  
7.6 to 7.8 (mildly alkaline)  
Sun: full sun

Uses: culinary, medicinal, economic

"Source of lemon grass oil used to flavour teas, ice cream, candy, pastries, desserts and chewing gum. Also used in cosmetics and perfumes. Quick-growing clumps. Can be used instead of the classic lemon grass (Thai) in culinary dishes."

Category: Herbs

Height: 4-6 ft. (1.2-1.8 m)

Spacing: 24-36 in. (60-90 cm)

Sun Exposure: Full Sun  
Sun to Partial Shade

Danger:  
Handling plant may cause skin irritation or allergic reaction

Foliage:  
Grown for foliage  
Aromatic

Other details:  
Average Water Needs; Water regularly; do not overwater  
Self-sows freely; deadhead if you do not want volunteer seedlings next season

Propagation Methods:  
By dividing the rootball  
From seed; sow indoors before last frost  
From seed; direct sow after last frost

Seed Collecting:  
Allow seedheads to dry on plants; remove and collect seeds